

About Temitop DSR Capsule

Temitop DSR Capsule is a combination medicine containing Domperidone and Pantoprazole. Domperidone is a prokinetic and anti-nausea agent that helps treat indigestion and stomach pain. Pantoprazole is a proton pump inhibitor that reduces excess stomach acid formation by blocking an enzyme called H⁺/K⁺ ATPase (gastric proton pump). This combination is widely used to treat conditions like peptic ulcers and gastroesophageal reflux disease (GERD). Temitop DSR Capsule works by preventing the release of stomach acid and relieving symptoms of conditions like esophagitis (inflammation of the food pipe), GERD, and heartburn.

- **Domperidone** increases the movement of food through the stomach and digestive tract, reducing bloating, fullness, and indigestion. It also blocks the vomiting center in the brain to prevent nausea and vomiting.
- **Pantoprazole** reduces stomach acid by blocking the proton pump, which is responsible for secreting gastric acid, thus preventing damage to the stomach lining and duodenum.

It should be used according to your doctor's prescription. Common side effects may include diarrhea, stomach pain, flatulence, dry mouth, dizziness, and headache, but not everyone will experience these.

Uses of Temitop DSR Capsule:

- GERD
- Heartburn due to hyperacidity
- Inflammation of the food pipe (esophagitis)
- Peptic ulcer

Medicinal Benefits: Temitop DSR Capsule is beneficial in preventing nausea, vomiting, stomach upset, stomach pain, peptic ulcers, and conditions due to hyperacidity. Pantoprazole prevents excessive stomach acid production, while Domperidone alleviates nausea and vomiting.

Side Effects:

- Headache
- Diarrhea
- Nausea
- Abdominal pain
- Vomiting
- Flatulence
- Dizziness
- Joint pain (arthralgia)

Directions for Use: Swallow the capsule whole with water. Do not crush, break, or chew it.

Drug Warnings: Avoid if you are allergic to any of its ingredients or have gastric cancer, liver disease, low magnesium, low vitamin B12, or are pregnant, planning to become pregnant, or breastfeeding.

Prolonged use may lead to vitamin B12 deficiency and low magnesium. It is contraindicated in people with lupus or certain gastrointestinal conditions.

Therapeutic Class:

Antacids

Drug Interactions: Temitop DSR Capsule can interact with:

- Blood thinners (e.g., warfarin)
- Antifungals (e.g., ketoconazole)
- Anti-HIV drugs (e.g., atazanavir, nelfinavir)
- Iron supplements
- Antibiotics (e.g., ampicillin)
- Anti-cancer drugs (e.g., methotrexate)

Diet & Lifestyle Advice:

- Avoid acidic, spicy, or fatty foods and beverages like citrus fruits, tomatoes, coffee, and alcohol.
- Raise your bed head at night to prevent acid reflux.
- Avoid smoking and alcohol, as they can exacerbate acidity.
- Include high-fiber foods, leafy vegetables, and fermented dairy products to help reduce stomach acid production.
- Take regular breaks to avoid sitting for long periods, which can increase stomach acid production.

What if I have taken an overdose of Temitop DSR Capsule? Consult a doctor immediately if you suspect an overdose.

Safety Advice:

- **Alcohol:** Caution is advised as alcohol may increase acid production.
- **Pregnancy and Breastfeeding:** Use only if prescribed by your doctor after evaluating the potential risks and benefits.
- **Driving and Operating Machinery:** Be cautious if experiencing drowsiness after taking the capsule.
- **Liver and Kidney Impairment:** Use with caution if you have liver or kidney issues. Monitor liver enzymes during long-term use.

Common Questions:

- **Can Temitop DSR Capsule cause brittle bones?** Yes, prolonged use can deplete calcium levels, so supplements are recommended.
- **Can I take it for acidity on my own?** No, it should only be used if prescribed by a doctor.

- **Can I stop taking it once I feel better?** Always consult your doctor before discontinuing the medication.

Storage: Store in a cool, dry place, away from children.