

About Temethro-500 Tablet

Temethro-500 Tablet is an antibiotic. It is used to treat various bacterial infections such as:

- Respiratory system infections (e.g., pneumonia, bronchitis, tonsillitis, pharyngitis, sinusitis)
- Skin infections (e.g., acne, rosacea)
- Ear infections
- Sexually transmitted infections

A bacterial infection is a condition in which bacteria grow in the body and cause infection. It can target any body part and multiply very quickly. Temethro-500 Tablet slows the growth or sometimes kills the harmful bacteria by preventing the production of proteins required by the bacteria for its survival. Temethro-500 Tablet does not treat viral infections like flu or common cold.

Uses of Temethro-500 Tablet

- Treatment of bacterial infections
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Medicinal Benefits

Temethro-500 Tablet prevents and treats bacterial infections, including:

- Throat and sinus infections
- Chest infections (e.g., bronchitis, pneumonia)
- Ear, mouth, and dental infections
- Eye infections
- Skin and tissue infections (e.g., acne)
- Stomach and intestinal infections
- Sexually transmitted infections
- Bone infections

It is better tolerated and offers more effective tissue penetration compared to similar antibiotics like erythromycin. It is often prescribed for those intolerant to penicillin antibiotics.

Side Effects of Temethro-500 Tablet

Common side effects include:

- Diarrhoea
- Nausea or vomiting
- Stomach cramps

- Loss of appetite
 - Bloating
 - Indigestion
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Directions for Use

- **Tablet/capsule:** Swallow whole with water; do not crush, break, or chew.
 - **Dispersible Tablet:** Disperse in the prescribed amount of water, then consume.
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Storage

- Store in a cool, dry place away from sunlight.
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Drug Warnings

Inform your doctor if you have:

- Liver problems (e.g., jaundice)
- Muscle problems (e.g., myasthenia gravis)
- Heart rhythm disorders (e.g., arrhythmia)
- Electrolyte imbalances (e.g., low potassium or magnesium)
- Colitis (intestinal inflammation)

If diarrhoea becomes watery or bloody, stop using Temethro-500 Tablet and consult your doctor. Avoid taking anti-diarrheal medicine unless prescribed.

Temethro-500 Tablet should not be used during pregnancy or breastfeeding unless explicitly advised by your doctor.

Therapeutic Class

- Anti-bacterials
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Drug Interactions

- **Drug-Drug Interactions:** Temethro-500 Tablet interacts with medicines such as:
 - Domperidone (anti-nausea)
 - Pimozide, amisulpride (mental health)
 - Ergotamine, dihydroergotamine (anti-migraine)
 - Simvastatin (anti-cholesterol)

- Tolterodine (bladder weakness)
 - Colchicine (anti-gout/arthritis)
 - **Drug-Food Interactions:** Avoid excessive calcium-enriched foods or drinks, as they may reduce the drug's effectiveness.
 - **Drug-Disease Interactions:** Not recommended for patients with liver issues, muscle problems, or colitis.
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Diet & Lifestyle Advice

- Take probiotics after completing the course to restore healthy gut bacteria.
 - Consume fibre-rich foods (e.g., whole grains) to stimulate gut health.
 - Avoid excessive calcium intake, as it may interfere with drug absorption.
 - Stay hydrated and avoid alcohol during treatment.
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FAQs

1. What is Temethro-500 Tablet used for?

It treats bacterial infections such as respiratory infections, skin conditions, ear infections, and sexually transmitted infections.

2. Can I stop taking Temethro-500 Tablet if I feel better?

No, complete the full course as prescribed to prevent the recurrence of infection.

3. Can Temethro-500 Tablet cause diarrhoea?

Yes, diarrhoea is a possible side effect. Contact your doctor if it becomes severe or bloody.

4. Can I take Temethro-500 Tablet on my own?

No, it is a prescription drug and should only be taken under medical supervision.

5. Are there any precautions for sunlight exposure?

Yes, Temethro-500 Tablet may make your skin more sensitive to sunlight. Wear protective clothing or apply sunscreen when outdoors.

6. What should I do in case of an overdose?

Seek immediate medical attention if you suspect an overdose, even if no symptoms are present.