

TEMETHRO 250 Tablet is an antibiotic. It is used to treat various bacterial infections such as respiratory system (like pneumonia, bronchitis, tonsillitis, pharyngitis and sinusitis), skin infections (like acne and rosacea), ear infections, and sexually transmitted infections. A bacterial infection is a condition in which bacteria grow in the body and cause infection. It can target any body part and multiple very quickly. TEMETHRO 250 Tablet slows the growth or sometimes kills the harmful bacteria by preventing the production of proteins required by the bacteria for its survival. TEMETHRO 250 Tablet does not treat a viral infection like flu or a common cold. TEMETHRO 250 Tablet should only be taken if advised by your doctor. It can be taken with or without food but should be consumed at a fixed time for the best results. TEMETHRO 250 Tablet should not be consumed more than the recommended dose, to avoid unpleasant side effects. Also, the course should be completed even if you feel better, as it is an antibiotic. Some common side effects of TEMETHRO 250 Tablet are diarrhoea, nausea, vomiting, and indigestion. An allergic reaction such as rashes, itching, swelling, and shortness of breath can occur in rare cases. Please consult your doctor if an allergic reaction becomes severe. Tell your doctor if you have liver problems, muscle problems (myasthenia gravis), heart rhythm disorder (arrhythmia), or electrolyte imbalance (low potassium or magnesium level). You should consult a doctor if you have had diarrhoea for more than four days. However, do not take any anti-diarrheal medicine until your doctor tells you. It is unknown whether TEMETHRO 250 Tablet harms the baby or passes into breast milk during pregnancy and breastfeeding. Contacting a doctor before using TEMETHRO 250 Tablet during pregnancy and while breastfeeding is better. Avoid too much exposure to sunlight as TEMETHRO 250 Tablet can make your skin sensitive to sunburn. In this case, it is advisable to wear protective clothing or apply sunscreen (SPF 30 or higher) when you are outdoors.

Uses of TEMETHRO 250 Tablet

Treatment of bacterial infections

Medicinal Benefits

TEMETHRO 250 Tablet slows the growth or sometimes kills the harmful bacteria by preventing the production of proteins required by the bacteria for its survival. It prevents and treats bacterial infections like throat and sinus infections, chest infections (like bronchitis and pneumonia), ear infections, mouth and dental infections, eye infections, skin and tissue infections (like acne), and stomach and intestinal infections. It is better tolerated and has more effective tissue penetration than other similar antibiotics like erythromycin. Doctors prescribe TEMETHRO 250

Tablet for people who are intolerant to penicillin antibiotics. Besides this, it also helps prevent infection following burns, surgery or dental procedures, sexually transmitted infections, bone infections or scarlet fever (bacterial illness with strep throat).

Side Effects of TEMETHRO 250 Tablet

- Diarrhoea
- Feeling or being sick (nausea or vomiting)
- Stomach cramps
- Loss of appetite
- Bloating
- Indigestion

Directions for Use

Tablet/capsule: Swallow it as a whole with water; do not crush, break or chew it. Dispersible Tablet: Check the label for directions before use. Disperse the tablet in the prescribed amount of water and swallow the contents. Do not crush, chew or swallow as a whole.

Storage

Store in a cool and dry place away from sunlight

Drug Warnings

Tell your doctor if you have liver problems (jaundice), muscle problems (myasthenia gravis), heart rhythm disorder (arrhythmia), or electrolyte imbalance (low potassium or magnesium level). In rare cases, the use of TEMETHRO 250 Tablet can cause diarrhoea, so if you have watery or bloody diarrhoea, stop taking TEMETHRO 250 Tablet and call your doctor. However, do not take any anti-diarrheal medicine until your doctor tells you. It is unknown whether TEMETHRO 250 Tablet harms the baby during pregnancy. Consult your doctor if you are pregnant, planning for pregnancy or breastfeeding before using TEMETHRO 250 Tablet. Do not take TEMETHRO 250 Tablet if allergic to azithromycin or other macrolide antibiotics. Inform the doctor if you are using cholesterol-lowering drugs (statins like simvastatin, lovastatin etc.), anti-gout or anti-arthritis drugs (colchicine) and medicine for treating overactive bladder (tolterodine). TEMETHRO 250 Tablet is not recommended for the patients with pneumonia who are judged to be inappropriate for oral therapy due to moderate to severe illness or risk factors.

Therapeutic Class

ANTI- BACTERIALS

Drug Interactions

Drug-Drug Interactions: TEMETHRO 250 Tablet have interactions with anti-nausea pills (domperidone), mental health pills (pimozide, amisulpride), anti-migraine medicines (ergotamine, dihydroergotamine), anti-cholesterol pills (simvastatin), bladder weakness medicine (tolterodine) and anti-gout/arthritis medicine (colchicine). Taking these drugs with TEMETHRO 250 Tablet may cause serious side effects.

Drug-Food Interactions: No relevant drug-food interaction found with TEMETHRO 250 Tablet. As a precautionary measure, the consumption of alcoholic beverages should be avoided as it may lead to drowsiness and dizziness.

Drug-Disease Interactions: TEMETHRO 250 Tablet should not be given to people with liver problems, muscle problem (myasthenia gravis), heart rhythm disorder (arrhythmia), electrolyte imbalance (low potassium or magnesium level) and colitis (inflammation of the intestine).

Drug-Drug Interactions Checker List

- DOMPERIDONE
- PIMOZIDE
- AMISULPRIDE
- ERGOTAMINE
- DIHYDROERGOTAMINE
- SIMVASTATIN
- TOLTERODINE
- COLCHICINE

Diet & Lifestyle Advise

- It would be best to take probiotics after taking the full course of TEMETHRO 250 Tablet to restore some healthy bacteria in the intestine that may have been killed. Taking probiotics after antibiotic treatment can reduce the risk of antibiotic-associated diarrhoea. Certain fermented foods like yoghurt, cheese, sauerkraut and kimchi can help restore the intestine's good bacteria.
- Include more fibre-enriched food in your diet, as it can be easily digested by gut bacteria which helps stimulate their growth. Thus fibre foods may help restore healthy gut bacteria after taking a course of antibiotics. Whole grains like whole-grain bread, and brown rice, should be included in your diet.
- Avoid taking too much calcium enriched foods and drinks as it might affect the working of TEMETHRO 250 Tablet.

- Avoid intake of alcoholic beverages with TEMETHRO 250 Tablet as it can make you dehydrated and affect your sleep. This can make it harder for your body to aid the TEMETHRO 250 Tablet in fighting off infections.

Habit Forming

No

What if I have taken an overdose of TEMETHRO 250 Tablet

Do not take more than the prescribed dose of TEMETHRO 250 Tablet as it may cause overdose. If you suspect you have taken overdose, please consult a doctor immediately.

Safety Advice

Alcohol

SAFE IF PRESCRIBED

TEMETHRO 250 Tablet should not be taken until prescribed if you are taking alcohol. Keep your doctor informed if you drink alcohol.

[Read more](#)

Pregnancy

UNSAFE

There is insufficient information available about the use of TEMETHRO 250 Tablet during pregnancy. Therefore you should not use TEMETHRO 250 Tablet during pregnancy unless explicitly advised by your doctor.

[Read more](#)

Breast Feeding

UNSAFE

TEMETHRO 250 Tablet is partially passed through the mother's milk, therefore it should not be used if you are breastfeeding.

[Read more](#)

Driving

SAFE IF PRESCRIBED

There are no data available about the influence of TEMETHRO 250 Tablet on the ability to drive or operate machines. However, TEMETHRO 250 Tablet may cause dizziness and seizures so make sure you are not affected before driving or operating machinery.

[Read more](#)

Liver

CAUTION

You should tell your doctor if you have liver problems as your doctor may need to alter the normal dose.

Read more

Kidney

CAUTION

You should tell your doctor if you have kidney problems as your doctor may need to alter the normal dose.

Read more

Children

CAUTION

Safety and effectiveness in the treatment of patients under 6 months of age have not been established. So, it is not recommended for children less than 6 months of age. However, if the doctor has prescribed for the children more than 6 months TEMETHRO 250 Tablet can be used.

Read more

Disease/Condition Glossary

Bacterial infection: A bacterial infection is a condition in which harmful bacteria enter, multiply, and infect our body. It can target any body part and multiple very quickly. When you get infected with bacteria, you can experience generalized symptoms like fevers, chills, and fatigue. Bacteria are of various forms, commonly spherical, rod-shaped, and spiral-shaped. Bacterial infections vary from minor illnesses like sore throat and ear infections to severe brain infections like meningitis and encephalitis. A few harmful bacteria that cause infections include Streptococcus, Staphylococcus, and E. coli. Anyone can become infected with a bacterial infection. However, people with weak immune systems or taking immunosuppressive medicine can be more prone to bacterial infection.

FAQs



What is the use of TEMETHRO 250 Tablet?

TEMETHRO 250 Tablet is used to treat bacterial infections such as respiratory tract infections (like pneumonia, bronchitis, tonsillitis, pharyngitis and sinusitis), skin infections (like acne and rosacea), ear infections, and sexually transmitted infections. It works by killing the harmful bacteria.



What should I avoid while taking TEMETHRO 250 Tablet?

Do not take antacids that contain aluminium or magnesium hydroxide within 2 hours before or after you take TEMETHRO 250 Tablet. These antacids can interact with TEMETHRO 250 Tablet and make them less effective when taken at the same time.



Can I stop taking TEMETHRO 250 Tablet if I feel better?

Never stop the treatment with TEMETHRO 250 Tablet on your own as the infection may come back again (relapse) if the prescribed treatment is not completely taken. Before stopping TEMETHRO 250 Tablet once discuss this with your doctor.



What if I miss a dose of TEMETHRO 250 Tablet?

If you forget to take TEMETHRO 250 Tablet, take your dose as soon as possible. If it is almost time for the next dose, just skip that dose and take the next one when it is due. If in doubt, please contact your doctor. Do not take a double dose to make up for a forgotten dose



Can TEMETHRO 250 Tablet cause diarrhoea?

TEMETHRO 250 Tablet can cause diarrhoea, which may be a sign of a new infection. If you have diarrhoea that is watery or bloody, call your doctor. Do not use anti-diarrhoea medicine unless your doctor tells you to.



In which disease condition I should not avoid taking TEMETHRO 250 Tablet?

You should avoid taking TEMETHRO 250 Tablet if you have colitis (intestine inflammation), heart rhythm disorder, liver disease (like jaundice), and muscle problem (like myasthenia gravis). Contact your doctor if you have these conditions before taking TEMETHRO 250 Tablet.



Can I take TEMETHRO 250 Tablet on my own?

No, it is a Schedule H drug that can be taken only if your doctor has prescribed it. Taking it on your own or self-medication can cause unwanted side-effects and lead to antibiotic resistance thereby lowering its efficiency.



Do intake of TEMETHRO 250 Tablet cause thrush?

Yes in some cases, people using TEMETHRO 250 Tablet may get a fungal skin infection known as thrush. It happens because TEMETHRO 250 Tablet also kills harmless bacteria that protects against thrush.



Is TEMETHRO 250 Tablet a strong antibiotic?

TEMETHRO 250 Tablet is an effective antibiotic that helps treat bacterial infections. It has a broad spectrum of anti-bacterial activity and is effective against gram-positive and gram-negative bacteria.



Can TEMETHRO 250 Tablet be taken with food?

TEMETHRO 250 Tablet can be taken with or without food.



Are there any precautions while giving TEMETHRO 250 Tablet?

TEMETHRO 250 Tablet should be used with caution in patients with liver problems. In some cases, the use of TEMETHRO 250 Tablet can cause diarrhoea, so if you have watery or bloody diarrhoea, stop taking TEMETHRO 250 Tablet and call your doctor.



Are there any medication interactions I should be aware of?

TEMETHRO 250 Tablet may interact with anti-emetics, neuroleptics, migraine medicines, statins, anticholinergics and anti-gout medicines. Before starting TEMETHRO 250 Tablet, let the doctor know if you are taking any other medicines to prevent interactions.



How should I store TEMETHRO 250 Tablet?

Store TEMETHRO 250 Tablet at room temperature, in a cool and dry place. Keep it out of sight and reach of children.



What are the side effects of TEMETHRO 250 Tablet?

Side effects of TEMETHRO 250 Tablet include diarrhoea, nausea, vomiting, and indigestion. Please consult the doctor if any of the side effects persist or worsen.